



## **Youth Suicide Prevention Plan**

### **Introduction**

The Lakeport Unified School District recognizes that suicide is a leading cause of death among youth and that an even greater amount of youth consider and attempt suicide. The possibility of suicide and suicidal ideation requires vigilant attention from our school staff. As a result, we are ethically and legally responsible for providing an appropriate and timely response in preventing suicidal ideation, attempts and deaths. We also must work to create a safe and nurturing learning environment that minimizes suicidal ideation in students.

Recognizing that it is the duty of the district and schools to protect the health, safety and welfare of its students, this policy aims to safeguard students and staff against suicide attempts, deaths and other trauma associated with suicide, including ensuring adequate supports for students, staff and families affected by suicide attempts and loss. As it is well known that the emotional wellness of students greatly impacts areas including school attendance, school connectedness and educational success, this policy shall be paired with other policies and practices that support the emotional and behavioral wellness of students.

The development of this policy is based on research and best practices in suicide prevention, and has been adopted with the understanding that suicide prevention activities are supportive to decrease suicide risk, increase help-seeking behavior, identify those at risk of suicide and decrease suicidal behaviors. Evidence refutes a common belief that talking about suicide can increase risk or place the idea in someone's mind.

In an attempt to reduce suicidal behavior and its impact on students and families, administrative staff of Lakeport Unified School District's have collaborated with certified Applied Suicide Intervention Skills Training (ASIST) trainers, Marcia Ramstrom and Colter Deihl. The ASIST supportive staff in learning more strategies for suicide prevention, intervention and postvention, and identified mental health challenges frequently associated with suicidal thinking and behavior. These strategies include mandatory annual professional development, for all school personnel in all positions who regularly interact with students or are in a position to recognize the risk factors and warning signs.

California *Education Code (EC)* Section 215, as added by Assembly Bill 2246, (Chapter 642, Statutes of 2016) mandates that the Governing Board of any local educational agency (LEA) that serves pupils in grades seven to twelve, inclusive, adopt a policy on pupil suicide prevention, intervention, and postvention. The policy shall specifically address the needs of high-risk groups, including suicide awareness and prevention training for teachers, and ensure that a school employee acts within the authorization and scope of the employee's credential or license.

- For more information on AB 2246 Pupil Suicide Prevention Policies, go to the California Legislative Information Web page at [https://leginfo.ca.gov/faces/billNavClient.xhtml?bill\\_id=201520160AB2246](https://leginfo.ca.gov/faces/billNavClient.xhtml?bill_id=201520160AB2246).
- For resources regarding youth suicide prevention, go to the State Superintendent of Public Instruction (SSPI) letter regarding Suicide Prevention Awareness Month on the California Department of Education (CDE) Web page at <http://www.cde.ca.gov/nr/el/le/yr16ltr0901.asp> and the Directing Change For Schools Web page at <http://www.directingchange.org/schools/>.

The Superintendent or Lakeport Unified School District Designee shall develop and implement preventive strategies and intervention procedures that include the following:

### Overall Strategic Plan for Suicide Prevention

The Superintendent or Lakeport Unified School District Designee shall involve school-employed mental health professionals (e.g., school counselors, psychologists, social workers, nurses), administrators, other school staff members, parents/guardians/caregivers, students, local health agencies and professionals, law enforcement, and community organizations in planning, implementing, and evaluating the district’s strategies for suicide prevention and intervention. Districts must work in conjunction with local government agencies, community-based organizations, and other community supports to identify additional resources:

- Lake County Behavioral Health, # 707-274-9101
- National Suicide Prevention Lifeline, # 800-273-8255
- Sutter Lakeside Hospital for crisis intervention, # 707-262-5000
- Lake Family Resource Center, # 1-888-799-SAFE

To ensure the policies regarding suicide prevention are properly adopted, implemented, and updated, the district shall appoint an individual (or team) to serve as the suicide prevention point of contact for the district. In addition, each school shall identify at least one staff member to serve as the liaison to the district’s suicide prevention point of contact, and coordinate and implement suicide prevention activities on their specific campus. This policy shall be reviewed and revised as indicated, at least annually in conjunction with the previously mentioned community stakeholders.

Prevention	Resources
<p><b>A. Messaging about Suicide Prevention</b>            Messaging about suicide has an effect on suicidal thinking and behaviors. Consequently, Lakeport Unified School District along with its partners has critically reviewed and will continue to review all materials and resources used in awareness efforts to ensure they align with best practices for safe messaging about suicide.</p>	<ul style="list-style-type: none"> <li>• Parents as Partners: A Suicide Prevention Guide for Parents (a booklet that contains useful information for parents/guardians/caregivers who are concerned that their children may be at risk for suicide and is available from Suicide Awareness Voices of Education “SAVE”).</li> </ul>

## B. Suicide Prevention Training and Education

The Lakeport Unified School District, along with its partners has carefully reviewed available staff training to ensure it promotes the mental health model of suicide prevention and does not encourage the use of the stress model to explain suicide.

Training shall be provided for all school staff members and other adults on campus (including substitutes and intermittent staff, volunteers, interns, tutors, coaches, and expanded learning [afterschool] staff).

### Training:

- At least annually, all staff shall receive training on the risk factors and warning signs of suicide, suicide prevention, intervention, referral, and postvention. The Keenan online training meets this criteria. Staff training can be adjusted year-to-year based on previous professional development activities and emerging best practices. Core components of the general suicide prevention training shall include:
    - Suicide risk factors, warning signs, and protective factors;
    - How to talk with a student about thoughts of suicide;
    - How to respond appropriately to the youth who has suicidal thoughts. Such responses shall include constant supervision of any student judged to be at risk for suicide and an immediate referral for a suicide risk assessment;
    - Emphasis on immediately referring (same day) any student who is identified to be at risk of suicide for assessment while staying under constant monitoring by staff member;
    - Emphasis on reducing stigma associated with mental illness and that early prevention and intervention can drastically reduce the risk of suicide;
    - Reviewing the data annually to look for any patterns or trends of the prevalence or occurrence of suicide ideation, attempts, or death. Data from the California School Climate, Health, and Learning Survey (Cal-SCHLS) should also be analyzed to identify school climate deficits and drive program development. See the Cal-SCHLS Web site at <http://cal-schls.wested.org/>.
  - In addition to initial orientations to the core components of suicide prevention, ongoing annual staff professional development for all staff should include the following components:
    - The impact of traumatic stress on emotional and mental health;
    - Common misconceptions about suicide;
    - School and community suicide prevention resources;
    - Appropriate messaging about suicide (correct terminology, safe messaging guidelines);
    - The factors associated with suicide (risk factors, warning signs, protective factors);
    - How to identify youth who may be at risk of suicide;
    - Appropriate ways to interact with a youth who is demonstrating emotional distress or is suicidal. Specifically, how to talk with a student about their thoughts of suicide
- See the SAVE Web page at <https://www.save.org/product/parents-as-partners/>
- More Than Sad (a school-ready and evidence-based training material, listed on the national Suicide Prevention Resource Center's best practices list, specifically designed for teen-level suicide prevention)  
See the American Foundation for Suicide Prevention Web page at <https://afsp.org/our-work/education/more-than-sad/>
  - Break Free from Depression (BFFD) (a 4-module curriculum focused on increasing awareness about adolescent depression and designed for use in high school classrooms)  
See the Boston Children's Hospital Web page at <http://www.childrenshospital.org/breakfree>
  - Coping and Support Training (CAST) (an evidence-based life-skills training and social support program to help at-risk youth)  
See the Reconnecting Youth Inc. Web page at <http://www.reconnectingyouth.com/programs/cast/>
  - Students Mobilizing Awareness and Reducing Tragedies (SMART) (a program comprised of student-led groups in high schools designed to give students the freedom to implement a suicide prevention on their campus that best fits their school's needs)  
See the SAVE Web page at <https://www.save.org/what-we-do/education/smart-schools-program-2/>
  - Linking Education and Awareness for Depression and

and (based on district guidelines) how to respond to such thinking; how to talk with a student about thoughts of suicide and appropriately respond and provide support based on district guidelines;

- o District-approved procedures for responding to suicide risk (including multi-tiered systems of support and referrals). Such procedures should emphasize that the suicidal student should be constantly supervised until a suicide risk assessment is completed;
- o District-approved procedures for responding to the aftermath of suicidal behavior (suicidal behavior postvention);
- o Responding after a suicide occurs (suicide postvention);
- o Resources regarding youth suicide prevention;
- o Emphasis on stigma reduction and the fact that early prevention and intervention can drastically reduce the risk of suicide;
- o Emphasis that any student who is identified to be at risk of suicide is to be immediately referred (same day) for assessment while being constantly monitored by a staff member.

- The professional development also shall include additional information regarding groups of students judged by the school, and available research, to be at elevated risk for suicide. These groups include, but are not limited to, the following:
  - o Youth affected by suicide;
  - o Youth with a history of suicide ideation or attempts;
  - o Youth with disabilities, mental illness, or substance abuse disorders;
  - o Lesbian, gay, bisexual, transgender, or questioning youth;
  - o Youth experiencing homelessness or in out-of-home settings, such as foster care;
  - o Youth who have suffered traumatic experiences;

### **C. Employee Qualifications and Scope of Services**

Employees of the Lakeport Unified School District and their partners must act only within the authorization and scope of their credential or license. While it is expected that school professionals are able to identify suicide risk factors and warning signs, and to prevent the immediate risk of a suicidal behavior, treatment of suicidal ideation is typically beyond the scope of services offered in the school setting. In addition, treatment of the mental health challenges often associated with suicidal thinking typically requires mental health resources beyond what schools are able to provide.

### **D. Specialized Staff Training (Assessment)**

Additional professional development in suicide risk assessment and crisis intervention shall be provided to mental health professionals (i.e. school counselors, psychologists, behaviorists, social workers, nurses and administrators) employed by Lakeport Unified School District.

Suicide (LEADS) for Youth (a school-based suicide prevention curriculum designed for high schools and educators that links depression awareness and secondary suicide prevention. LEADS for Youth is an informative and interactive opportunity for students and teachers to increase knowledge and awareness of depression and suicide)

See the SAVE Web page at <https://www.save.org/what-we-do/education/leads-for-youth-program/>

#### **SAMSHA-NREPP:**

<https://www.samhsa.gov/nrepp>

#### **Center for Disease Control-Statistics:**

<https://www.cdc.gov/Violenceprevention/suicide/statistics/index.html>

#### **National Institute of Mental Health-Statistics:**

[https://www.nimh.nih.gov/health/statistics/suicide.shtml#part\\_155137](https://www.nimh.nih.gov/health/statistics/suicide.shtml#part_155137)

#### **The TREVOR Project:**

<https://www.thetrevorproject.org>

#### **HEARD Alliance:**

<http://www.heardalliance.org/>

#### **HEARD Alliance-Toolkit for Mental Health Promotion and Suicide Prevention:**

<http://www.heardalliance.org/wp-content/uploads/HEARDToolkit2017.pdf>

#### **Suicide Prevention Resource Center:**

<http://www.sprc.org/>

## **E. Parents, Guardians, and Caregivers Participation and Education**

- To the extent possible, parents/guardians/caregivers should be included in all suicide prevention efforts. At a minimum, schools shall share with parents/guardians/caregivers the Lakeport Unified School District suicide prevention policy and procedures.
- This suicide prevention policy shall be prominently displayed on the Lakeport Unified School District web page and included in the annual parent notification information packet.
- Parents/guardians/caregivers should be invited to provide input on the development and implementation of this policy.
- All parents/guardians/caregivers should have access to suicide prevention training that addresses the following:
  - Suicide risk factors, warning signs, and protective factors;
  - How to talk with a student about thoughts of suicide;
  - How to respond appropriately to the student who has suicidal thoughts. Such responses shall include constant supervision of any student judged to be at risk for suicide and referral for an immediate suicide risk assessment.

## **F. Student Participation and Education**

The Lakeport Unified School District, along with its partners has carefully reviewed available student curricula to ensure it promotes the mental health model of suicide prevention and does not encourage the use of the stress model to explain suicide.

Under the supervision of school-employed mental health professionals, and following consultation with county and community mental health agencies, students shall:

- Receive developmentally appropriate, student-centered education about the warning signs of mental health challenges and emotional distress;
- Receive developmentally appropriate guidance regarding the district's suicide prevention, intervention, and referral procedures.
- The content of the education shall include
  - Coping strategies for dealing with stress and trauma;
  - How to recognize behaviors (warning signs) and life issues (risk factors) associated with suicide and mental health issues in oneself and others;
  - Help-seeking strategies for oneself and others, including how to engage school-based and community resources and refer peers for help;
  - Emphasis on reducing the stigma associated with mental illness and the fact that early prevention and intervention can drastically reduce the risk of suicide.

Student-focused suicide prevention education can be incorporated into classroom curricula (e.g., health classes, science, and physical education).

**Heard Alliance-Resource for Families**  
<https://www.heardalliance.org/families-suicide/>



<p>The Lakeport Unified School District will support the creation and implementation of programs and/or activities on campus that raise awareness about mental wellness and suicide prevention (e.g., Mental Health Awareness Weeks, Peer Counseling Programs, Freshman Success Programs, and National Alliance on Mental Illness on Campus High School Clubs).</p>	
<p><b>Intervention, Assessment, Referral</b></p>	<p><b>Resources</b></p>
<p><b>A. Staff</b></p> <p>Two Lakeport Unified School District staff members who have received advanced training in suicide intervention shall be designated as the primary and secondary suicide prevention liaisons. Whenever a staff member suspects or has knowledge of a student’s suicidal intentions, they shall promptly notify the primary designated suicide prevention liaison. If this primary suicide prevention liaison is unavailable, the staff shall promptly notify the secondary suicide prevention liaison.</p> <ul style="list-style-type: none"> <li>• Under normal circumstances, the primary and/or secondary contact persons shall notify the principal, another school administrator, school psychologist or school counselor, if different from the primary and secondary contact persons. The names, titles, and contact information of multi-disciplinary crisis team members shall be distributed to all students, staff, parents/guardians/caregivers and be prominently available on school and district websites.</li> </ul> <p>School sites are encouraged to utilize a universal screener to identify potential risk factors and mental health concerns for all students. When students are identified through the screener, appropriate follow-up and referrals will be made to school mental health professionals, administrators, other school staff members as appropriate, parents/guardians/caregivers, community mental health and health organizations.</p> <p>The principal, another school administrator, school counselor, school psychologist, social worker, or nurse shall then notify, if appropriate and in the best interest of the student, the student’s parents/guardians/caregivers as soon as possible and shall refer the student to mental health resources in the school or community. Determination of notification to parents/guardians/caregivers should follow a formal initial assessment to ensure that the student is not endangered by parental notification.</p> <p>If the student is in imminent danger (has access to a gun, is on a rooftop, or in other unsafe conditions), a call shall be made to 911.</p> <ul style="list-style-type: none"> <li>• Whenever a staff member suspects or has knowledge of a student’s suicidal intentions, they shall promptly notify the primary or secondary suicide prevention liaisons.</li> <li>• Students experiencing suicidal ideation shall not be left unsupervised.</li> <li>• A referral process should be prominently disseminated to all staff members, so they know how to respond to a crisis and are knowledgeable about the school and community-based resources.</li> </ul>	<ul style="list-style-type: none"> <li>• Lakeport Unified School District’s universal social emotional learning screener, Sown to Grow <a href="https://www.sowntogrow.com/">https://www.sowntogrow.com/</a></li> <li>• SAMSHA: Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event: A GUIDE FOR PARENTS, CAREGIVERS, AND TEACHERS <a href="https://store.samhsa.gov/shin/content/SMA12-4732/SMA12-4732.pdf">https://store.samhsa.gov/shin/content/SMA12-4732/SMA12-4732.pdf</a></li> </ul>

- The Superintendent or Designee shall establish crisis intervention procedures to ensure student safety and appropriate communications if a suicide occurs or an attempt is made by a student or adult on campus or at a school-sponsored activity.

**B. Parents, Guardians, and Caregivers**

A referral process should be prominently disseminated to all parents/guardians/caregivers, so they know how to respond to a crisis and are knowledgeable about the school and community-based resources.

**C. Students**

Students shall be encouraged to notify a staff member when they are experiencing emotional distress or suicidal ideation, or when they suspect or have knowledge of another student’s emotional distress, suicidal ideation, or attempt.

**D. Parental Notification and Involvement**

Each school within the Lakeport Unified School District shall identify a process to ensure continuing care for the student identified to be at risk of suicide. The following steps should be followed to ensure continuity of care:

- After a referral is made for a student, school staff shall verify with the parent/guardian/caregiver that follow-up treatment has been accessed. Parents/guardians/caregivers will be required to provide documentation of care for the student.
- If parents/guardians/caregivers refuse or neglect to access treatment for a student who has been identified to be at-risk for suicide or in emotional distress, the suicide point of contact (or other appropriate school staff member) will meet with the parents/guardians/caregivers to identify barriers to treatment (e.g., cultural stigma, financial issues) and work to rectify the situation and build understanding of the importance of care. If follow-up care for the student is still not provided, school staff should consider contacting Child Welfare Services of Lake County (CWS) to report neglect of the youth. To contact CWS, call 707-262-0235.

**Action Plan for In-School Suicide Attempts**

If a suicide attempt is made during the school day on campus, it is important to remember that the health and safety of the student and those around him/her is critical. The following steps should be implemented:

1. Remain calm, remember the student is overwhelmed, confused, and emotionally distressed;
2. Move all other students out of the immediate area;
3. Immediately contact the administrator or suicide prevention liaison;
4. Call 911 and give them as much information about any suicide note, medications taken, and access to weapons, if applicable;
5. If needed, provide medical first aid until a medical professional is available;
6. Parents/guardians/caregivers should be contacted as soon as possible;

**Resources**

Help for Students in Crisis  
<https://www.cde.ca.gov/ls/cg/mh/studentcrisishelp.asp>

[The National Suicide Prevention Lifeline](#) 1-800-273-8255

Lake County Behavioral Health  
 #707-274-9101

Grief Counseling, Lake County Hospice Services  
<https://www.lakecountyhospice.org/patient-family-services/>

<ol style="list-style-type: none"> <li>7. Do not send the student away or leave them alone, even if they need to go to the restroom;</li> <li>8. Listen and prompt the student to talk;</li> <li>9. Review options and resources of people who can help;</li> <li>10. Be comfortable with moments of silence as you and the student will need time to process the situation;</li> <li>11. Provide comfort to the student;</li> <li>12. Promise privacy and help, and be respectful, but do not promise confidentiality;</li> <li>13. Student should only be released to parents/guardians/caregivers or to a person who is qualified and trained to provide help.</li> </ol>	
<h2>Action Plan for Out-of-School Suicide Attempts</h2>	<h2>Resources</h2>
<p>If a suicide attempt by a student is outside of Lakeport Unified School District property, it is crucial that the LEA protects the privacy of the student and maintain a confidential record of the actions taken to intervene, support, and protect the student. The following steps should be implemented:</p> <ol style="list-style-type: none"> <li>1. Contact the parents/guardians/caregivers and offer support to the family;</li> <li>2. Discuss with the family how they would like the school to respond to the attempt while minimizing widespread rumors among teachers, staff, and students;</li> <li>3. Obtain permission from the parents/guardians/caregivers to share information to ensure the facts regarding the crisis is correct;</li> <li>4. Designate a staff member to handle media requests;</li> <li>5. Provide care and determine appropriate support to affected students;</li> <li>6. Offer to the student and parents/guardians/caregivers steps for reintegration to school.</li> </ol>	<p>Help for Students in Crisis  <a href="https://www.cde.ca.gov/ls/cg/mh/studentcrisis/help.asp">https://www.cde.ca.gov/ls/cg/mh/studentcrisis/help.asp</a></p> <p><a href="#">The National Suicide Prevention Lifeline</a> 1-800-273-8255</p> <p>Lake County Behavioral Health Services #707-274-9101</p> <p>Grief Counseling, Lake County Hospice Services  <a href="https://www.lakecountyhospice.org/patient-family-services/">https://www.lakecountyhospice.org/patient-family-services/</a></p>
<h2>Supporting After a Crisis Event &amp; Postvention</h2>	<h2>Resources</h2>
<h3>Supporting Students after a Mental Health Crisis</h3> <p>It is crucial that careful steps are taken to help provide the mental health support for the student and to monitor their actions for any signs of suicide. The following steps should be implemented after the crisis has happened:</p> <ol style="list-style-type: none"> <li>1. Treat every threat with seriousness and approach with a calm manner; make the student a priority;</li> <li>2. Listen actively and non-judgmental to the student. Let the student express his or her feelings;</li> <li>3. Acknowledge the feelings and do not argue with the student;</li> <li>4. Offer hope and let the student know they are safe and that help is provided. Do not promise confidentiality or cause stress;</li> <li>5. Explain calmly and get the student to a trained professional, guidance counselor, or designated staff to further support the student;</li> <li>6. Keep close contact with the parents/guardians/caregivers and mental health professionals working with the student.</li> </ol>	<ul style="list-style-type: none"> <li>● After a Suicide: A Toolkit for School (a comprehensive guide that will assist schools on what to do if a suicide death takes place in the school community) See the Suicide Prevention Resource Center Web page at <a href="http://www.sprc.org/comprehensive-approach/postvention">http://www.sprc.org/comprehensive-approach/postvention</a></li> <li>● The School Reentry for a Student Who Has Attempted Suicide or Made Serious Suicidal Threats (a guide that will assist in school re-entry for students after an attempted suicide) See the Mental Health Recovery Services Resource</li> </ul>



## Re-Entry to School After a Suicide Attempt

A student who threatened or attempted suicide is at a higher risk for suicide in the months following the crisis. Having a streamlined and well planned re-entry process ensures the safety and wellbeing of students who have previously attempted suicide and reduces the risk of another attempt. An appropriate re-entry process is an important component of suicide prevention. Involving students in planning for their return to school provides them with a sense of control, personal responsibility, and empowerment.

The following steps shall be implemented upon re-entry:

1. Obtain a written release of information signed by parents/guardians/caregivers and providers;
2. Confer with student and parents/guardians/caregivers about any specific requests on how to handle the situation;
3. Inform the student's teachers about possible days of absences;
4. Allow accommodations for student to make up work (be understanding that missed assignments may add stress to student);
5. Mental health professionals or trusted staff members should maintain ongoing contact to monitor student's actions and mood;
6. Work with parents/guardians/caregivers to involve the student in an aftercare plan.

## Responding After a Suicide Death (Postvention)

A death by suicide in the school community (whether by a student or staff member) can have devastating consequences on students and staff. Therefore, it is vital that we are prepared ahead of time in the event of such a tragedy. District representation, including the Superintendent or designee for the Lakeport Unified School District shall ensure that each school site adopts an action plan for responding to a suicide death as part of the general Crisis Response Plan. The Suicide Death Response Action Plan (Suicide Postvention Response Plan) needs to incorporate both immediate and long-term steps and objectives.

- Suicide Postvention Response Plan shall:
  1. Identify a staff member to confirm death and cause (school site administrator);
  2. Identify a staff member to contact deceased's family (within 24 hours);
  3. Enact the Suicide Postvention Response Plan, include an initial meeting of the district/school Suicide Postvention Response Team;
  4. Notify all staff members (ideally in-person or via phone, not via e-mail or mass notification).
- Coordinate an all-staff meeting, to include:
  1. Notification (if not already conducted) to staff about suicide death;
  2. Emotional support and resources available to staff;
  3. Notification to students about suicide death and the availability of support services (if this is the protocol that is decided by administration);
  4. Share information that is relevant and that which you have permission to disclose.

Web page at

[http://www.mhrsonline.org/resources/suicide%5Cattempted\\_suicide\\_resources\\_for\\_schools-9/](http://www.mhrsonline.org/resources/suicide%5Cattempted_suicide_resources_for_schools-9/)

- Help & Hope for Survivors of Suicide Loss (a guide to help those during the bereavement process and who were greatly affected by the death of a suicide)  
See the Suicide Prevention Resource Center Web page at <http://www.sprc.org/resources/programs/help-hope-survivors-suicide-loss>
- For additional information on suicide prevention, intervention, and postvention, see the Mental Health Recovery Services Model Protocol Web page at [http://www.mhrsonline.org/resources/suicide%5Cattempted\\_suicide\\_resources\\_for\\_schools-9/](http://www.mhrsonline.org/resources/suicide%5Cattempted_suicide_resources_for_schools-9/)
- Information on school climate and school safety is available on the CDE Safe Schools Planning Web page at <http://www.cde.ca.gov/lr/ss/vp/safeschlplanning.asp>
- Additional resources regarding student mental health needs can be found in the SSPI letter Responding to Student Mental Health Needs in School Safety Planning at <http://www.cde.ca.gov/nr/el/le/yr14ltr0212.asp>

Grief Counseling, Lake County Hospice Services

<https://www.lakecountyhospice.org/patient-family-services/>

- Prepare staff to respond to needs of students regarding the following:
  - Review of protocols for referring students for support/assessment;
  - Talking points for staff to notify students;
  - Resources available to students (on and off campus).
- Identify students significantly affected by suicide death and other students at risk of imitative behavior;
- Identify students affected by suicide death but not at risk of imitative behavior;
- Communicate with the larger school community about the suicide death;
- Consider funeral arrangements for family and school community;
- Respond to memorial requests in respectful and non-harmful manner; responses should be handed in a thoughtful way and their impact on other students should be considered;
- Identify media spokesperson skilled to cover story without the use of explicit, graphic, or dramatic content (go to the Reporting on Suicide.Org Web site at [www.reportingonsuicide.org](http://www.reportingonsuicide.org)). Research has proven that sensationalized media coverage can lead to contagious suicidal behaviors.
- Utilize and respond to social media outlets:
  - Identify what platforms students are using to respond to suicide death
  - Identify/train staff and students to monitor social media outlets
- Include long-term suicide postvention responses:
  - Consider important dates (i.e., anniversary of death, deceased birthday, graduation, or other significant event) and how these will be addressed
  - Support siblings, close friends, teachers, and/or students of deceased
  - Consider long-term memorials and how they may impact students who are emotionally vulnerable and at risk of suicide

**Note:** This model policy is considered exemplary and is not prescriptive, per *EC* Section 33308.5:

- (a) Program guidelines issued by the State Department of Education shall be designed to serve as a model or example, and shall not be prescriptive. Program guidelines issued by the department shall include written notification that the guidelines are merely exemplary, and that compliance with the guidelines is not mandatory.
- (b) The Superintendent of Public Instruction shall review all program guidelines prepared by the State Department of Education prior to issuance to local education agencies. The superintendent shall approve the proposed guidelines only if he or she determines that all of the following conditions are met:

- (1) The guidelines are necessary.

- (2) The department has the authority to issue the guidelines.
- (3) The guidelines are clear and appropriately referenced to, and consistent with, existing statutes and regulations.

## Crisis Team Protocol

(see Crisis Process Chart below)

<p>Lakeport Unified School District Crisis Intervention Teams may function slightly differently at each school site; the basic protocol remains the same for the district.</p>	
<p>Lakeport Elementary School #262-3005 Principal (ext. 3035) Counselor (ext. 6028)</p> <p>Terrace Middle School #262-3007 Principal or Assistant Principal (ext. 3015/3031) Counselor (ext. 3024)</p> <p>Clear Lake High School #262-3010 Principal or Assistant Principal (ext. 3011/3012) Counselor (ext. 5535/7096)</p> <p>Lakeport Alternative Education Center #262-3013 Principal (ext. 3033) SEL Counselor (ext. 7057)</p> <p>Other district support staff: SEL Counselor (ext. 7057) Behavior Specialist (ext. 7003) School Psychologist (ext. 3004/3025) District Nurse (ext. 5627) School Resource Officer Director of Special Education and Health Services (ext. 3021) Student and Family Advocate(s) ext. 2190/5617) Spanish Translation (ext. 5617)</p>	
<p>Language to be used: <i>Died by suicide.</i></p>	
<p>Media Coverage, as necessary Superintendent or Designee</p>	
<p>Lake County Agencies:</p> <p>Lake County Behavioral Health Services <a href="http://www.lakecountyca.gov/Page776.aspx">http://www.lakecountyca.gov/Page776.aspx</a> #707-274-9101</p> <p>Grief Counseling, Lake County Hospice Services <a href="https://www.lakecountyhospice.org/patient-family-services/">https://www.lakecountyhospice.org/patient-family-services/</a> #707-263-6222</p> <p>Sutter Lakeside Hospital for crisis intervention #707-262-5000</p> <p>Lake Family Resource Center #1-888-799-SAFE</p>	

### Crisis Process Chart

