

Lakeport Unified School District

January 2024 H.S. Breakfast Menu

Dec 19,
2023

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 NO SCHOOL TODAY	Jan - 4 NO SCHOOL TODAY	Jan - 5 NO SCHOOL TODAY
Jan - 8 Biscuits & Gravy with Sausage Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 9 Egg Casserole Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 10 Bagel & Cream Cheese Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 11 Bagel & Cream Cheese Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 12 Pancakes with Sausage Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety
Jan - 15 NO SCHOOL TODAY	Jan - 16 Egg & Saus Tornadoes Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 17 Muffin Variety Assorted Cereal Variety Fresh Fruit Variety Milk- Variety	Jan - 18 French Toast Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 19 Potato Bake Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety
Jan - 22 Yogurt and Granola Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 23 Biscuit and Gravy Casserole Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 24 Pancake on a Stick Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 25 Buttermilk Bar Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 26 Egg Casserole Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety
Jan - 29 Eggs Scram & Hashbrowns Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 30 Yogurt and Granola Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety	Jan - 31 Morning Tot Toss Assorted Cereal Variety Fresh Fruit Assorted Milk- Variety		

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250 * All meal have 2 oz's of Whole Grain Rich in them. also, Menu's subject to change based availability.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.