

Lakeport Unified School District

April Preschool Lunch Menu

Mar 24, 2022

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| | | | | Apr - 1 Grab & Go P.B & J Sammy w/ Veggie, Fruit & Chips Fresh Fruit Variety Carrot Sticks Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 W.G. Corn Dog Fresh Fruit Variety Carrot Sticks Milk- Variety | Apr - 12 Burrito Carrot Sticks Fresh Fruit Variety Milk- Variety Goldfish Pretzel | Apr - 13 Mac and Cheese Green Beans Fresh Fruit Variety Milk- Variety | Apr - 14 Chili Dog FRENCH FRIES Fresh Fruit Variety Milk- Variety | Apr - 15 W.G. Flatbread Pizza Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie |
| Apr - 18 Taco Pie Spanish Rice Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 19 Baked Ziti Bosco's Cheese Sticks Fresh Fruit Assorted Milk- Variety Salad Cup | Apr - 20 Grilled Cheese Sandwich Peas Fresh Fruit Variety Milk- Variety | Apr - 21 Tacos Refried Beans Spanish Rice Fresh Fruit Variety Milk- Variety | Apr - 22 Burrito Spanish Rice Corn Fresh Fruit Variety Milk- Variety |
| Apr - 25 Italian Garlic & Cheese Pockets Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 26 Taco Salad in a Tortillia Bowl Refried Beans Fresh Fruit Variety Milk- Variety | Apr - 27 W.G. Corn Dog Celery Sticks Fresh Fruit Variety Milk- Variety | Apr - 28 Meatball Sub Carrot Sticks Fresh Fruit Variety Milk- Variety | Apr - 29 Pizza Cheese Round Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie |

In operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age, or handicap. If you believe you have been discriminated against write immediately to the Secretary of Agriculture, Washington D.C. 20250

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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| | | | | Apr - 1 Grab & Go P.B & J Sammy w/ Veggie, Fruit & Chips Fresh Fruit Variety Carrot Sticks Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 W.G. Corn Dog Fresh Fruit Variety Carrot Sticks Milk- Variety 4 Day Food Bag | Apr - 12 Eggs and Hashbrowns Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 13 Yogurt and Granola Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 14 Potato Bake Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 15 Veggie Frittata Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |
| Apr - 18 Egg, Sausage Burrito Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 19 Mini Maple Pancakes Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 20 Grape Jelly Field Breakfast Croissant Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 21 Mini Confetti Pancakes Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 22 Sausage Breakfast Pizza Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |
| Apr - 25 Muffin Variety Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 26 Eggs and Hashbrowns Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 27 Yogurt and Granola Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 28 Potato Bake Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 29 Veggie Frittata Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |

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Lakeport Unified School District

April K-8 Breakfast Menu

Mar 24, 2022

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| | | | | Apr - 1 Muffin Variety Fresh Fruit Assorted Fruit Juice Assorted Craisins Ocean Spray Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Craisins Ocean Spray Milk- Variety | Apr - 12 Eggs and Hashbrowns Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 13 Yogurt and Granola Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 14 Potato Bake Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 15 Veggie Frittata Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |
| Apr - 18 Egg, Sausage Burrito Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 19 Mini Maple Pancakes Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 20 Grape Jelly Field Breakfast Croissant Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 21 Mini Confetti Pancakes Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 22 Sausage Breakfast Pizza Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |
| Apr - 25 Muffin Variety Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 26 Eggs and Hashbrowns Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 27 Yogurt and Granola Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 28 Potato Bake Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 29 Veggie Frittata Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |

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Lakeport Unified School District

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| | | | | Apr - 1 Peanut Butter and Jelly Fresh Fruit Variety Carrot Sticks Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 W.G. Corn Dog Fresh Fruit Variety Carrot Sticks Milk- Variety | Apr - 12 Burrito Carrot Sticks Fresh Fruit Variety Milk- Variety Goldfish Pretzel | Apr - 13 Mac and Cheese Green Beans Fresh Fruit Variety Milk- Variety | Apr - 14 Chili Dog FRENCH FRIES Fresh Fruit Variety Milk- Variety | Apr - 15 W.G. Flatbread Pizza Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie |
| Apr - 18 Taco Pie Spanish Rice Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 19 Baked Ziti Bosco's Cheese Sticks Fresh Fruit Assorted Milk- Variety Salad Cup | Apr - 20 Grilled Cheese Sandwich Peas Fresh Fruit Variety Milk- Variety | Apr - 21 Tacos Refried Beans Spanish Rice Fresh Fruit Variety Milk- Variety | Apr - 22 Burrito Spanish Rice Corn Fresh Fruit Variety Milk- Variety |
| Apr - 25 Italian Garlic & Cheese Pockets Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 26 Taco Salad in a Tortillia Bowl Refried Beans Fresh Fruit Variety Milk- Variety | Apr - 27 W.G. Corn Dog Celery Sticks Fresh Fruit Variety Milk- Variety | Apr - 28 Meatball Sub Carrot Sticks Fresh Fruit Variety Milk- Variety | Apr - 29 Pizza Cheese Round Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie |

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Lakeport Unified School District

April High School Breakfast Menu

Mar 24, 2022

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| | | | | Apr - 1 Muffin Variety Fresh Fruit Assorted Fruit Juice Assorted Craisins Ocean Spray Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Craisins Ocean Spray Milk- Variety | Apr - 12 Eggs and Hashbrowns Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 13 Yogurt and Granola Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 14 Potato Bake Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 15 Veggie Frittata Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |
| Apr - 18 Egg, Sausage Burrito Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 19 Mini Maple Pancakes Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 20 Grape Jelly Field Breakfast Croissant Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 21 Mini Confetti Pancakes Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 22 Sausage Breakfast Pizza Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |
| Apr - 25 Muffin Variety Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 26 Eggs and Hashbrowns Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 27 Yogurt and Granola Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety String Cheese Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 28 Potato Bake Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety | Apr - 29 Veggie Frittata Daily Yogurt Bar Breakfast Sandwich Bar Choice of Meat or egg Assorted Cereal Variety Fresh Fruit Assorted Fruit Juice Assorted Milk- Variety |

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Lakeport Unified School District

High School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| | | | | Apr - 1 Peanut Butter and Jelly Fresh Fruit Variety Carrot Sticks Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 W.G. Corn Dog Celery Sticks Fresh Fruit Variety Milk- Variety | Apr - 12 Burrito Carrot Sticks Fresh Fruit Variety Milk- Variety Goldfish Pretzel | Apr - 13 Mac and Cheese Green Beans Fresh Fruit Variety Milk- Variety | Apr - 14 Chili Dog Hot Ham & Cheese Sand. FRENCH FRIES Fresh Fruit Variety Milk- Variety | Apr - 15 Papa Murphy's Pizza Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie |
| Apr - 18 Taco Pie Spanish Rice Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 19 Baked Ziti Bosco's Cheese Sticks Fresh Fruit Assorted Milk- Variety Salad Cup | Apr - 20 Grilled Cheese Sandwich Grab & Go Wrap w/ Veggies,Fruit & Chips Grab & Go Salad Chef, Asian, or Garden Fresh Fruit Variety Milk- Variety | Apr - 21 Taco bar with choice of Chicken,Beef & Toppings tamale Refried Beans Spanish Rice Fresh Fruit Variety Milk- Variety | Apr - 22 Burrito tamale Quesadilla Cheese Spanish Rice Grab & Go Salad Chef, Asian, or Garden Fresh Fruit Variety Milk- Variety |
| Apr - 25 Italian Garlic & Cheese Pockets Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 26 Taco Salad in a Tortillia Bowl Refried Beans Fresh Fruit Variety Milk- Variety | Apr - 27 W.G. Corn Dog Celery Sticks Grab & Go Wrap w/ Veggies,Fruit & Chips Grab & Go Salad Chef, Asian, or Garden Fresh Fruit Variety Milk- Variety | Apr - 28 Meatball Sub Pasta Bar w/ Choice of Meats & Sauces Bosco's Cheese Sticks Carrot Sticks Fresh Fruit Variety Milk- Variety | Apr - 29 Papa Murphy's Pizza Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie |

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Lakeport Unified School District

April Supper Program Menu

Mar 24, 2022

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| | | | | Apr - 1 Peanut Butter and Jelly Fresh Fruit Variety Carrot Sticks Milk- Variety |
| Apr - 4 Spring Break | Apr - 5 Spring Break | Apr - 6 Spring Break | Apr - 7 Spring Break | Apr - 8 Spring Break |
| Apr - 11 Burrito Carrot Sticks Fresh Fruit Variety Milk- Variety Goldfish Pretzel | Apr - 12 W.G. Flatbread Pizza Salad Cup Fresh Fruit Variety Milk- Variety Chocolate Chip Cookie | Apr - 13 W.G. Corn Dog Fresh Fruit Variety Carrot Sticks Milk- Variety | Apr - 14 Mac and Cheese Green Beans Fresh Fruit Variety Milk- Variety | Apr - 15 Chili Dog FRENCH FRIES Fresh Fruit Variety Milk- Variety |
| Apr - 18 Grilled Cheese Sandwich Peas Fresh Fruit Variety Milk- Variety | Apr - 19 Burrito Spanish Rice Corn Fresh Fruit Variety Milk- Variety | Apr - 20 Taco Pie Spanish Rice Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 21 Baked Ziti Bosco's Cheese Sticks Fresh Fruit Assorted Milk- Variety Salad Cup | Apr - 22 Tacos Refried Beans Spanish Rice Fresh Fruit Variety Milk- Variety |
| Apr - 25 W.G. Corn Dog Celery Sticks Fresh Fruit Variety Milk- Variety | Apr - 26 Meatball Sub Carrot Sticks Fresh Fruit Variety Milk- Variety | Apr - 27 Italian Garlic & Cheese Pockets Salad Cup Fresh Fruit Assorted Milk- Variety | Apr - 28 Taco Salad in a Tortillia Bowl Refried Beans Fresh Fruit Variety Milk- Variety | Apr - 29 Meatball Sub Carrot Sticks Refried Beans Fresh Fruit Variety Milk- Variety |

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